

BABY FEEDING PROGRAMME SELF ASSESSMENT CHECKLIST

ACTION	YES
Have you an approved <i>Workplace Breastfeeding Policy</i> to support breastfeeding or expressing breast milk? <i>Note: If an employee has made the decision to formula feed their baby, appropriate support should also be made available to these employees.</i>	<input type="checkbox"/>
Does the policy allow for acceptable breaks for full-time and part-time staff?	<input type="checkbox"/>
Is there car parking available?	<input type="checkbox"/>
Is there information available to support breastfeeding, expressing breast milk, and/or formula feeding?	<input type="checkbox"/>
Do you have a facility/facilities set aside where employees can take part in the <i>Baby Feeding Programme</i> ?	<input type="checkbox"/>
Are facilities appropriate for the number of staff?	<input type="checkbox"/>
Do the facilities allow privacy for breastfeeding, or expressing breast milk for employees' babies?	<input type="checkbox"/>
Are the facilities kept clean and tidy?	<input type="checkbox"/>
Are appropriate alternative arrangements available if this area is being used?	<input type="checkbox"/>
Is a booking system in place for the facility?	<input type="checkbox"/>
Is there a refrigerator available for storage of expressed breastmilk or infant formula?	<input type="checkbox"/>
Is there a system developed to ensure all milk is clearly marked?	<input type="checkbox"/>
Is there access to private cleaning, ie running water or tap facilities for staff?	<input type="checkbox"/>
Is there sufficient and comfortable seating available?	<input type="checkbox"/>
Are staff commencing maternity leave informed of the Programme?	<input type="checkbox"/>
Is a microwavable steriliser available?	<input type="checkbox"/>
Is a microwave available?	<input type="checkbox"/>
Is a kitchen sink, with water and cleaning facilities available?	<input type="checkbox"/>